



Harvest Energy Trust

Harvest Energy Trust – News Release (HTE.UN – TSX; HTE - NYSE)

HARVEST ENERGY TRUST CONFIRMS FILING OF ANNUAL INFORMATION FORM

Calgary, March 29, 2007 (TSX: HTE.UN; NYSE: HTE) – Harvest Energy Trust (“Harvest”) today announces that it has filed its Annual Information Form (“AIF”) for the year ended December 31, 2006 with the Canadian securities regulatory authorities on the System for Electronic Document Analysis and Retrieval (“SEDAR”) in Canada, and has filed it as an exhibit to Harvest’s annual report on Form 40-F for the year ended December 31, 2006, which was filed on the Electronic Data Gathering, Analysis, and Retrieval (“EDGAR”) system in the United States.

The AIF contains the statement and reports relating to Harvest’s reserves data and other oil and natural gas information required pursuant to the Canadian Securities Administrators’ National Instrument 51-101. An electronic copy of the AIF may be obtained on Harvest’s SEDAR profile at www.sedar.com or on the Harvest website at www.harvestenergy.ca, and an electronic copy of the Form 40-F may be found on Harvest’s EDGAR profile at www.sec.gov/edgar.shtml or on our corporate website. Hard copies of the aforementioned documents are available from Harvest at no charge upon request.

Harvest is one of Canada's largest energy trusts offering exposure to upstream oil and natural gas production and downstream refining and marketing operations. We are focused on identifying opportunities to create and deliver value to unitholders through monthly distributions and unit price appreciation. With an active acquisition program and the technical approach taken to maximizing our assets, we strive to grow cash flow per unit. Harvest is a sustainable trust with an economic life index of approximately 16 years. We have a 115,000 barrel per stream day refinery that complements our crude oil and natural gas production business, which is weighted approximately 70% to crude oil and liquids and 30% to natural gas. Harvest trust units are traded on the Toronto Stock Exchange ("TSX") under the symbol "HTE.UN" and on the New York Stock Exchange ("NYSE") under the symbol "HTE".

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